

Laura Trend – Student of Dance

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Personal Information

Personal Details

- lauramtrend@gmail.com -- (832) 732 0104 -- LTrendArts.com
 - Height: 5'6" (66"), 168 cm. - Weight: 110 lbs, 50kg.
 - Hair: Blonde -- Eyes: Blue
 - Nationality: Canadian - Citizen of Canada, Greencard-holder in United States of America
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Education - Boston Conservatory at Berklee

2025 - current

- BFA in Contemporary Dance, class of 2029.
 - Private Performing Arts Conservatory, Boston, MA
 - GPA: 3.95
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Pre-Professional Dance Training

Boston Conservatory at Berklee

2025 - (projected) 2029

- Ballet
- Pointe Technique
- Contemporary and Improvisation
- Modern: Limon, Horton, Graham, Cunningham
- Various elective styles (eg: Salsa, West African)
- Rehearsals and Performances of restaged and original contemporary and classical works

Dean of Dance: Tommy Neblett

Primary Purpose: Concert-Style dance training with wide variety of opportunities for performance, education specialization, academic and somatic development.

Youth Ballet Company (YBC)

2021 – 2025

- Ballet
- Pointe Technique and Variations
- Contemporary
- Jazz
- Rehearsals and Performances of classical repertoire and contemporary works.

Studio: Texas Academy of Dance Arts

Program Director(s): Hayden Stark (2021-2022)

Elizabeth Troxler (2022-2025)

Hrs/wk: 12+

Primary Purpose: Pre-Professional Ballet Training and Education, with supplementary Contemporary courses.

Pre-Professional/College Prep Program (Pre-Pro)

2023 – 2025

- Contemporary
- Choreography

Studio: Texas Academy of Dance Arts

Program Director: Evelyn Toh

Hrs/wk: 2.5

Primary Purpose: Contemporary dance technique education, choreographical skills and experience, preparatory necessities for living a future in dance.

Performance Experience

The Dancing Princesses

May 2026

- Boston Conservatory composer thesis project
 - Score by: Manuela Cardona - Choreography: Denise Pons
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Winterworks

March 2026

- Boston Conservatory Mainstage debut performance
 - *In Step with Tomorrow* - Choreography: Joe Gonzales
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| The Snow Queen (YBC) | April 2025 |
| <ul style="list-style-type: none"> • Spring Semester Ballet performance, performing Hans Christian Andersen's <i>The Snow Queen</i>. • Directed by: Elizabeth Troxler. Choreography: Elizabeth Troxler. • Roles: Kai, Flower Soloist, Gypsy Girl. | |
| Winter Showcase (YBC) | February 2023, 2024, 2025 |
| <ul style="list-style-type: none"> • Annual Performance of all Youth Ballet Company variations, contemporary solos, and ensembles. • Directed by: Elizabeth Troxler. Choreography: Hayden Stark, Elizabeth Troxler, Colette Kerwick, Olivia Morrow, Jack Wolff, Michaela McGowan, Stephan Hanna. | |
| Beyond Boundaries (YBC/Pre-Pro) | January 2024, 2025 |
| <ul style="list-style-type: none"> • Comprehensive exploration of diverse dance styles. Performed YBC pieces and Pre-Pro self-choreographed solo. • Choreography: Elizabeth Troxler, Evelyn Toh, Laura Trend, Jack Wolff, Michaela McGowan. | |
| The Nutcracker (TADA/YBC) | December 2021-2024 |
| <ul style="list-style-type: none"> • Annual December Performances of <i>The Nutcracker</i> • Directed by: Amy Leonards. Choreography: Amy Leonards, Elizabeth Troxler, Hayden Stark, Ana Acevedo, Stephanie Moy, Rebecca Bryan, Meghan Sinclair • Roles: Flower, Demi-Rose, Snowflake, Spanish corps, Head Maid, Soldier, Peppermint Soloist, Marzipan corps, Soldier Doll, Chinese Soloist, Mouse Queen | |
| Peter Pan (YBC) | April 2024 |
| <ul style="list-style-type: none"> • Spring Semester Ballet performance, performing JM Barrie's <i>Peter Pan</i>. • Directed by: Elizabeth Troxler. Choreography: Elizabeth Troxler. • Roles: Nana, Mermaid, Lead Pirate, Native Neverlandian, John u/s | |
| Threads of Gold (YBC) | April 2023 |
| <ul style="list-style-type: none"> • Spring Semester Ballet performance, performing <i>The Goose That Laid the Golden Egg, Hansel & Gretel, and Rumpelstiltskin</i>. • Directed by: Elizabeth Troxler. Choreography: Elizabeth Troxler. • Roles: Hag, Tree, Soldier, Robber u/s, Captain of the Guard u/s | |
| Summer Intensives | |
| Jorgen Ballet/George Brown College SI | July 2025, 2026 |
| <i>Genres:</i> Ballet, Pointe, Variations, Contemporary, Jazz, Repertoire | |
| Royal Winnipeg Ballet School Open Division SI | August 2024, 2025 |
| <i>Genres:</i> Ballet, Pointe, Variations, Flamenco, Modern, Jazz, Repertoire. | |
| Alberta Ballet School Professional Division SI | June/July 2024 |
| <i>Genres:</i> Ballet, Pointe, Variations, Character, Contemporary, Jazz, Repertoire. | |
| Ballet Intensive - Texas Academy of Dance Arts | June 2022, 2023, 2024, 2025 |
| <i>Genres:</i> Ballet, Pointe, Variations, Contemporary, Jazz, Acting | |
| Work Experiences | |
| Backstage Worker | Dec 2025 |
| <ul style="list-style-type: none"> • Worked backstage at Texas Academy of Dance Arts' <i>The Nutcracker</i>. Helped director Amy Leonards to apply casting changes, teach choreography, and aid dancers with spacing. | |

- Worked as a runner, costumer, and stagehand, ushering dancers backstage, helping with 8+ quick changes per show, and as crew to move props, sets, call out cues for stage manager, and maintaining a tidy backstage space through the weekend.
- 11hr/day, 2 day weekend.

Choreography Notator Jan-Apr 2024

- Translated Choreography from performance videos to written directions with stage directions, facings, for *Waltz of the Flowers* and scenes from *Peter Pan*.

Rehearsal Assistant Sept 2023-Apr 2025

- Assisted dancers and teachers during rehearsal process for *The Nutcracker*, *Peter Pan*, and *The Snow Queen*.

Dance Captain Sept 2023-Dec 2024

- Dance Captain for *Waltz of the Flowers*, and YBC Ensemble *Appalachian Spring*.
- Answered questions from cast, made executive spacing and technical decisions where necessary.

Community Volunteer Performer Aug 2023, 2024. Nov 2023, 2024. Dec 2022-2024.

- Paddington British Primary School: Performed excerpts and solos from *The Nutcracker*, *The Goose That Laid the Golden Egg*, and YBC solos and ensembles for audiences aged 3-9.
- The Woodlands' Children's Festival Outreach performances: Performed excerpts and solos from *The Nutcracker*.

Choreography

Familiarity, duet on two dancer peers at Boston Conservatory Spring 2026
Song: Home - Dotan

Untitled, Boston Conservatory debut solo, Fall 2025
Song: 12 Hands II - Alfonso Peduto

Pre-Professional Program Solo 2023-2025

- (2023-2024) Title: *Formulated Mindset*, Song: Rajima and The Queen – Bear McCreary.
- (2024-2025) Title: *Hesitation*, Song: Road Signs Variations: Diversion, Street Kisses – Ezio Bosso.

Awards & Exams

YBC Most Improved Award May 2025

- Awarded Most Improved Award through Texas Academy of Dance Arts' YBC
- Awarded for 2024-2025 school year

RAD Certificate in a Vocational Graded Examination in Dance April 2025

- Awarded Distinction– 81/100 on the Advanced 1 Vocational Syllabus Exam

New York City Dance Alliance Outstanding Dancer Finalist November 2024

- Awarded Outstanding Dancer Finalist at the NYCDA Houston Regional.

YBC Jr Co Leadership Award

- Demonstrated ability to aid other dancers with choreography, musicality and displayed initiative in group settings.
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